

# BSSH / SECMA Mallorca Hand 2025

23-25 April 2025, in Mallorca



## WEDNESDAY 23RD APRIL

### CADAVER ARTHROPLASTY WORKSHOP

11:00	<p>Joint replacement in Hand and wrist</p> <ul style="list-style-type: none"> <li>• Overview of Hand and Wrist Arthroplasties – Indications &amp; Patient Selection</li> <li>• Prosthetic Options &amp; Surgical Techniques</li> <li>• Postoperative Management &amp; Rehabilitation</li> <li>• Discussion &amp; Q&amp;A with Faculty</li> </ul>	Chairs: Manuel Llusà/ Zaf Naqui/ Samuel Pajares
13:00	Lunch break	
14:00 - 18:00	<p>Hands-on Cadaver Lab (Rotation through workstations)</p> <ul style="list-style-type: none"> <li>• Table 1: PIP Joint Replacement – CAP FLEX (KLS MARTIN)</li> <li>• Table 2: CMC Joint Replacement – MAIA (MEDCOMTECH) Special Session: Personalized 3D STT Prosthesis Demonstration (Included in Table 2, led by MEDCOMTECH)</li> <li>• Table 3: DRUJ Replacement – SCHEKER (APTIS)</li> <li>• Table 4: MCP &amp; PIP Silicone Replacement – DIGITALIS (MEDCOMTECH)</li> <li>• Table 5: Radial Head Replacement – ANTEA (SURGIVAL)</li> <li>• Table 6: Ulnar Head Replacement – UHP (KLS MARTIN)</li> </ul>	Chairs: Zaf Naqui/ Samuel Pajares / Guillem Salvà / Manuel Llusà

### NERVE SESSION (AXOGEN)

08:00	<ul style="list-style-type: none"> <li>• Why nerve repairs fail? (the 4 T's)</li> <li>• Evidence Based Nerve Repair: Connectors, Protectors and Allograft Use</li> <li>• Microsurgical Principles in Nerve Repair</li> <li>• Demonstration and hands-on practice on digital nerve repair techniques (Zone 3)</li> </ul>	Speakers: Joaquim Casañas/ Ivica Ducic/ Orlando Mercet/ Kate Brown
11:00	Coffee Break	
11:15 - 18:00	<ul style="list-style-type: none"> <li>• Median Nerve Injury</li> <li>• Interactive during lunch : Mixed and Motor Nerve</li> <li>• Repair: Cases</li> </ul>	Chairs: Zaf Naqui/ Samuel Pajares / Guillem Salvà / Manuel Llusà

## INDUSTRY SYMPOSIUMS

09:00	DRUJ REPLACEMENT (APTIS-SURGIVAL)
10:30	SCAPHOID UPDATE (MEDARTIS)
12:00	DISTAL RADIUS (KLS MARTIN)
13:00	Lunch
14:00	(SKELETAL DYNAMICS)
15:30	(ACUMED)

## INSTRUCTIONAL COURSE OF ULTRASOUND

Chair: Belén G<sup>a</sup> Medrano

Instructors: Ignacio Esteban/ Fernando Dávila/ Xavier Gueffier/ Nick Riley

08:30 -  
13:30

and

14:30 -  
17:30

- Presentation of ultrasound machines (SONOSITE)
- Anatomy of the wrist by US
- Anatomy of the hand
- Basic pathology in hand and wrist
- Introduction of interventional procedures

- Ultrasound-guided injections: Concepts, instrumental and performance.

PRACTICE 1: Technique and tricks with the needle

PRACTICE 2: Ultrasound-guided injections in extensor and flexor tendons

PRACTICE 3: Carpal tunnel injection and hydrodissection

PRACTICE 4: Intra articular injections: CMC-1, MCP, PIP

PRACTICE 5: Ultrasound-guided trigger finger release in long fingers

PRACTICE 6: Ultrasound-guided trigger finger release in the thumb

Demonstration on anatomical specimen with special instruments: Carpal Tunnel Syndrome and Trigger finger

## BASIC HAND & WRIST ULTRASOUND TRAINING & INJECTION TECHNIQUES (SOVEREIGN MEDICAL)

BSSR Faculty: Dr Edward Sellon, Dr Yaron Berkowitz

BSSH Faculty: Mr Nick Riley, Mr Chris Little, Ms Sally-Anne Phillips, Mr Jit Sen  
(Same Level 1 program delivered each session)

09:00 -  
12:00  
and  
13:00 -  
16:00

- Introduction to Ultrasound in Hand Surgery
- Hand & Wrist Anatomy Under Ultrasound
- Setting Up an Ultrasound-Guided Injection Clinic
- Hands-On Practice & supervised Scanning
- Q&A Discussion