



**Sovereign  
Medical**  
GROUP



## **Sovereign Medical Ultrasound Training Program – 23rd April 2025**

**Venue:** School of Medicine- UIB- Hospital Universitari Son Espases

**23rd April: Morning Session: 9:00 AM – 12:00 PM | Afternoon Session: 1:00 PM – 4:00 PM. Same Level 1 program delivered each session.**

### **Faculty:**

- **BSSR Faculty:** Dr Edward Sellon, Dr Yaron Berkowitz
- **BSSH Faculty:** Mr Nick Riley, Mr Chris Little, Ms Sally-Anne Phillips, Mr Jit Sen

### **23rd April: Basic Hand & Wrist Ultrasound Training & Injection Techniques**

#### **◆ Introduction to Ultrasound in Hand Surgery**

- The role of ultrasound in hand and wrist diagnosis & intervention
- Optimising machine settings.
- Selecting the right transducers and positioning for optimal imaging

#### **◆ Hand & Wrist Anatomy Under Ultrasound**

- **US to define anatomy-** identify nerves and tendons; follow structures; observe structures moving
- **US to confirm examination findings** - tendon integrity and stability; identify foreign body & position; assess collateral ligament integrity and endpoints; identify solid Vs fluid-filled lesions.
- **US to enable interventions** - Guided aspiration and injection; nerve blocks.

**BSSH / SECMA  
Mallorca Hand 2025**

**23-25 April 2025,  
in Mallorca**



**BSSH** THE BRITISH SOCIETY FOR  
SURGERY OF THE HAND



**SOCIEDAD ESPAÑOLA  
DE CIRUGÍA DE MANO**



- **Carpal tunnel injection** – Safe and accurate placement under ultrasound guidance
  - **Trigger finger injection** – Identifying the A1 pulley for guided procedures
  - **CMCJ injection** – Ensuring accurate targeting of the joint space
- ◆ **Setting Up an Ultrasound-Guided Injection Clinic**
- **Essential Equipment & Setup**
    - Ultrasound machine & probe selection
    - Consumables, sterility, and patient positioning
  - **Clinic Workflow & Best Practices**
    - Patient selection & indications
    - Documentation & consent considerations
  - **Integrating Ultrasound into Daily Practice**
    - How to incorporate ultrasound for routine assessments and procedures
- ◆ **Hands-On Practice & Supervised Scanning**
- Small group scanning sessions with faculty guidance
  - Case-based discussions
- ◆ **Q&A & Discussion**

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