

BSSH / SECMA Mallorca Hand 2025

23-25 April 2025, in Mallorca



WEDNESDAY 23RD APRIL

CADAVER ARTHROPLASTY WORKSHOP

| | | |
|---------------|---|--|
| 11:00 | Joint replacement in Hand and wrist <ul style="list-style-type: none"> • Overview of Hand and Wrist Arthroplasties – Indications & Patient Selection • Prosthetic Options & Surgical Techniques • Postoperative Management & Rehabilitation • Discussion & Q&A with Faculty | Chairs: Manuel Llusà/Zaf Naqui |
| 13:00 | Lunch break | |
| 14:00 – 18:00 | Hands-on Cadaver Lab (Rotation through workstations) <ul style="list-style-type: none"> • Table 1: PIP Joint Replacement – CAP FLEX (KLS MARTIN) • Table 2: CMC Joint Replacement – MAIA (MEDCOMTECH) Special Session: Personalized 3D STT Prosthesis Demonstration (Included in Table 2, led by MEDCOMTECH) • Table 3: DRUJ Replacement – SCHEKER (APTIS) • Table 4: MCP & PIP Silicone Replacement – DIGITALIS (MEDCOMTECH) • Table 5: Radial Head Replacement – ANTEA (SURGIVAL) • Table 6: Ulnar Head Replacement – UHP (KLS MARTIN) | Chairs: Zaf Naqui / Guillem Salvà / Manuel Llusà |

NERVE SESSION (AXOGEN)

| | | |
|---------------|---|--|
| 08:00 | <ul style="list-style-type: none"> • Why nerve repairs fail? (the 4 T's) • Evidence Based Nerve Repair: Connectors, Protectors and Allograft Use • Microsurgical Principles in Nerve Repair • Demonstration and hands-on practice on digital nerve repair techniques (Zone 3) | Speakers: Joaquim Casañas/ Ivica Ducic/ Orlando Mercet/ Kate Brown |
| 11:00 | Coffee Break | |
| 11:15 – 18:00 | <ul style="list-style-type: none"> • Median Nerve Injury • Interactive during lunch : Mixed and Motor Nerve • Repair: Cases | Chairs: Zaf Naqui / Guillem Salvà / Manuel Llusà |

INDUSTRY SYMPOSIUMS

| | |
|-------|-----------------------------------|
| 09:00 | DRUJ REPLACEMENT (APTIS-SURGIVAL) |
| 10:30 | SCAPHOID UPDATE (MEDARTIS) |
| 12:00 | DISTAL RADIUS (KLS MARTIN) |
| 13:00 | Lunch |
| 14:00 | (SKELETAL DYNAMICS) |
| 15:30 | (ACUMED) |

INSTRUCTIONAL COURSE OF ULTRASOUND

Chair: Belén G^a Medrano

Instructors: Ignacio Esteban/ Fernando Dávila/ Xavier Gueffier/ Nick Riley

08:30 -
13:30

and

14:30 -
17:30

- Presentation of ultrasound machines (SONOSITE)
- Anatomy of the wrist by US
- Anatomy of the hand
- Basic pathology in hand and wrist
- Introduction of interventional procedures

- Ultrasound-guided injections: Concepts, instrumental and performance.

PRACTICE 1: Technique and tricks with the needle

PRACTICE 2: Ultrasound-guided injections in extensor and flexor tendons

PRACTICE 3: Carpal tunnel injection and hydrodissection

PRACTICE 4: Intra articular injections: CMC-1, MCP, PIP

PRACTICE 5: Ultrasound-guided trigger finger release in long fingers

PRACTICE 6: Ultrasound-guided trigger finger release in the thumb

Demonstration on anatomical specimen with special instruments: Carpal Tunnel Syndrome and Trigger finger

BASIC HAND & WRIST ULTRASOUND TRAINING & INJECTION TECHNIQUES (SOVEREIGN MEDICAL)

BSSR Faculty: Dr Edward Sellon, Dr Yaron Berkowitz

BSSH Faculty: Mr Nick Riley, Mr Chris Little, Ms Sally-Anne Phillips, Mr Jit Sen
(Same Level 1 program delivered each session)

09:00 -
12:00
and
13:00 -
16:00

- Introduction to Ultrasound in Hand Surgery
- Hand & Wrist Anatomy Under Ultrasound
- Setting Up an Ultrasound-Guided Injection Clinic
- Hands-On Practice & supervised Scanning
- Q&A Discussion