



MALLORCA HAND 2025

23-25 APRIL, PALAU DE CONGRESSOS DE PALMA

SESSION DETAILS



Auditorium Islas Baleares

08:00 - 09:25	-	al wrist examination instructional course Mr Alex Bolt, Dr Alex Lluch	
	08:00 08:05 08:10 08:25 08:50	Welcome and introduction - Dr Alex Lluch Palpation - Dr Miguel Pérez-Abad Radial side clinical maneuvers - Dra María Larrea, Dra Ana Scott Ulnar side clinical maneuvers - Mr Nick Riley, Mr Alex Bolt Other maneuvers - Dr Alex Lluch	
09:30 - 10:00	When c	can I play Doc? - Mr Mike Hayton	
10:00 - 10:30	Coffee break Expert Corner (Exhibition area): Dr Alex Lluch, Dra Mireia Esplugas (bring your own case to share		
10:35 - 10:55	Welcon	ne ceremony - Dr Guillem Salvà Coll, Mr Carlos Heras-Palou, Dr Pedro J. Delgado	
11:00 - 12:30		A Round table: stiff wrist & fingers Or Fernando del Canto Álvarez	
	11:01 11:13 11:27	Pathophysiological bases of rigidity - Dr Pedro Hernández Cortés Examination of the rigid hand - Dra Filipa Santos Silva Prevention and conservative management of hand and wrist stiffness - Mr Jesús Agüero Arce	
	11:39 11:54 12:06 12:18	Surgical treatment of hand stiffness - Mr Jonathan Compson Surgical treatment of stiff wrist - Dr Fernando del Canto Álvarez Postoperative management - Dra Belén Sancho Iglesias Colloquium and Questions	
12:35 - 13:30		r Lecture: Ar Carlos Heras-Palou	
	12:40 13:05	40 years of wrist surgery - Prof Joe Dias Homage to Dr Marc Garcia-Elias - Dr Alberto Lluch, Dr Angel Ferreres	
13:25 - 14:25	Lunch l	break	
14:30 - 15:30		al phalangeal fractures. Non-operative treatment Dra Inma Puig	
	14:31 14:42 14:48 14:59 15:10	Evidence in treatment of proximal phalanx fractures - Miss Alexia Karantana Biomechanics and proximal fractures behavior - Dr Sergi Barrera How do I treat these fractures? Taping - Prof Grey Giddins How do I treat these fractures? Aluminium splint - Mr John Oni How do I treat these fractures? Thermoplastic splint - Mr Eduard Font, Dr Sergi Barrera	
	15:21	Questions & Answers	

15:35 - 16:30 Face to face: clinical cases on finger tip injury

Chairs: Mrs Jill Arrowsmith, Dr Higinio Ayala

Understanding the anatomy of the fingertip and the requirements for reconstruction
First case - Mrs Jill Arrowsmith
Second case - Dr Pedro Bolado
Third case - Ms Lauren Uppal
Fourth case - Dr Higinio Ayala
Q&A and Conclusions

16:30 - 17:00 **Coffee break**

Expert corner (Exhibition area): Dra Eva Maria-Baur, Prof Grey Giddins (bring your own case to share)

17:05 - 17:55 Hand Surgery University Challenge Quiz: Diplomats vs Dons. Spanish edition

Chairs: Mr Zaf Naqui, Dr Homid Fahandezh

Spanish Diplomates - Dr Fernando Davila Fernandez, Dra Elisa de Torres de Torres

BSSH Diplomates - Ms Lucy Maling, Mr Tom Richards

Spanish Dons - Dr Higinio Ayala Gutiérrez, Dra Ana Carreño Delgado

BSSH Dons - Mr Graham Cheung, Mr Peter Russell

18:00 - 20:00 **SECMA Assembly**

Auditorium Mallorca

08:00 - 09:00 Microsurgery session (AEM) Osteoarticular reconstruction

Chairs: Dr Roger de Oña, Dr Iván Monge

	08:00	Vascularized options in the reconstruction of small bone defects in the hand
		- Dr Sergi Barrera Ochoa
	08:13	Microsurgical options in the treatment of large bone defects in the upper extremity
		- Mr Rob Bains
	08:26	Microsurgical reconstruction of the thumb: from distal defects to transmetacarpal
		amputations - our best options - Dra Andrea García Villanueva
	08:39	Microsurgical reconstruction of the web: our rationale - Miss Grainne Bourke
	08:51	Discussion
00.00 10.00		
09:00 - 10:00		rgery session (AEM) Soft tissue microsurgical reconstruction
	Chairs: D	Or Roger de Oña. Dr Iván Monge

09:00	Functional coverage of complex injuries of the dorsum of the hand and fingers
	- Dr Daniel Camporro
09:13	Microsurgical reconstruction for paedriatic upper limb ischaemia - Miss Jessica
	Steele
09:26	Indications for local perforator flaps in the upper extremity - Dr Jaime Estrada Cuxart
09:39	Free functioning muscle transfer - Miss Grainne Bourke
09:51	Discussion

10:00 - 10:30 Coffee break

14:30 - 15:26	Free communications Chairs: Dra Gemma Pidemunt, Dr Victor Triviño, Mr Ian McNab		
	14:30	Outcomes of dual-mobility versus single-mobility prosthesis in total trapeziometacarpal arthroplasty	
	14:38	Ms Esperanza Marín García-Cabrera Does cup inclination influence clinical outcomes following total trapeziometacarpal arthroplasty? Our results.	
	14:46	Dr Diego Martinez López The learning curve of trapeziometacarpal arthroplasty: prospectively monitoring individual objective surgical parameters throughout the learning phase detects safe performance more robustly than retrospective complications and other rare discrete events Mr Nicholas Riley	
	14:54	Evaluation of the effectiveness of total arthroplasty versustrapeziectomy with ligamentoplasty in trapeziometacarpalarthrosis. Long term follow-up Dr Clarisa Simón Perez	
	15:02	Our experience with Scheker arthroplasty for the treatment of trapeziometacarpal arthritis	
	15:10	Dra Beatriz Fernández Bran Comparative Study of Radiological Collapse in Patients Undergoing Surgery for Rhizarthrosis: Modified Weilby Interposition Plastia by García Elías versus Suspension Arthroplasty with High-Resistance Suturing by DelSignore	
	15:18	Dra Monica Gabarró Busquets Routine Use of Dual Mobility Prosthesis Reduces Trapeziometacarpal Joint Dislocations Mr Graham Cheung	
15:30 - 16:25	_	ement of Malunion: Wrist, forearm and hand - Sponsored by KLS Martin Dr Joaquim Casañas, Mr Max Haerle, Mr Niels Schep	
	15:30	From extra-articular to intra-articular radius reconstruction - how I do, why I do? - Mr Niels Schep	
	15:40	Principles of 3D planning and clinical challenges, including live-planning - Mr Niels Schep	
	15:50	Forearm malunions - why should we choose 3D technology? – Case examples - Mr Carlos Heras-Palou	
	16:00 16:10	Complex forearm reconstructions - special cases - Dra Eva-Maria Baur Thumb base reconstruction using IPS - Mr Sumedh Talwalkar	
16:30 - 17:00	Coffee	break	
17:05 - 17:45		ommunications Dr Francisco García De Lucas, Dr Christian Alexis Rodriguez, Mr Max Horwitz	
	17:05	Surgical treatment of thumb carpometacarpal arthritis: Does the sex counts to functional results? Dr Diego Gameiro	
	17:13	Trapeziometacarpal Arthroplasty Using the MAIA Prosthesis: Short- and Medium- Term Outcomes. Our Experience Dr Jose Garrido	
	17:21	Ball-and-socket trapeziometacarpal(TMC) prosthesis versus trapeziectomy and	

ligament reconstruction. A randomized controlled clinical trial interim analysis.

Mr Serafín Lirola-Palmero

17:29 Complications of Trapeziometacarpal Arthroplasty: Our Experience Over a Decade
 Dr Jaime Marti Rizo

 17:37 Simultaneous TMC and STT Prostheses for Pantrapezial Osteoarthritis: A Promising
 Alternative to Traditional Techniques

Dra Beatriz Mirón Domínguez

Menorca 1

Menorca i	
08:00 - 09:55	Research session: Evidence based hand surgery: what, why and how? Chairs: Dr Emma Raey, Ms Arabella Scantlebury
	08:00 Evidence-Based Hand Surgery: Introduction and Session Overview - Dr Emma Reay 08:15 SCOOTT: Surgery versus Conservative Osteoarthritis of Thumb Multi-Centre Trial: Overview and Update - Ms Emma Reay
	08:30 FLARE: Flexor repair and Rehabilitation Multi-centre Trial: Overview and Update - Mr Mathew Gardiner
	08:45 ProJ-ECT: National multicentre service evaluation of PIPJ fracture management - Mr Jamie Mawhinney, Ms Nathalie Fennel
	 1-WIP: Improving Wrist Injury Pathways – a Mixed Methods Study - Mr Ben Dean Questions on all How Can We Deliver Evidence-Based Practice in Hand Surgery? - Ms Arabella Scantlebury
	09:50 Questions / Next Steps
10:00 - 10:30	Coffee break
13:25 - 14:25	Lunch break
	LUNCHBOX: ACUMED - Maximising outcomes: techniques to eliminate complications Mr Oliver Stone, Mr Daniel Brown, Dr López Osornio
14:30 - 15:25	Posters Chairs: Dr Adolfo Galán, Dra Dolores Gimeno, Ms Christina Lipede
	14:30 A service evaluation of gloves-only versus gloves and gown in elective hand surgery
	Dra María Martha Galani Manolakou 14:34 Fracture Of The Distal Radius Treated With Volar Locking Plates: Radiological Results Of Surgical Management Dra Inés De Blas Sanz
	14:38 A pull in the right direction: Traction Zimmer Splints for phalangeal fractures Dr Mohamed El-Nemr
	14:42 Trapeziometacarpal Prosthesis Revision Due to Polyethylene Rupture: A Case Report
	Dr Pablo Almena 14:46
	14:50 Squeezing out the risks: A literature review and local audit of intraoperative tourniquet safety in hand surgery Mr Jasmeet Jhaj

Case report: A rare case of extradigital inclusion body fibromatosis presenting as

14:54

15:30 - 16:25

	thumb pain in a paediatric patient
	Mr Owen Lawrence
14:58	Conservative Treatment of the "Floating Knuckle"
	Dra Alba García Toledo
15:02	Percutaneous needle fasciotomy versus limited fasciectomy in management of
	Dupuytren's disease: comparing recurrence rates and length of time to repeat
	procedure
	Ms Raeleen Araneta
15:06	Corrective surgery in madelung deformity in an adolescent patient
	Dr Pablo Almena
15:10	Cutaneous coverage of the thumb tip using holevich flap
	Dra Tewresa Colomina Laiz
15:14	Patient outcome following surgery for base of thumb arthritis: trapeziectomy,
	carpometacarpal joint replacement and revision operations - a retrospective cohort
	study
	Dr Tariq Ben Khadra
15:18	Assessment of major fracture risk using the frax index in patients with distal radius
	fracture (DRF)
	Dra Elena Casillas Calvo
Posters	
Chairs: D	r Angel Ferreres, Dra Marta Pérez Montoya, Mr Dan Brown
15:30	Application of the walant technique in the transposition of the extensor indicis
	proprius to the extensor pollicis longus (our experience).
	Dra Marta Juncal Barrio Velasco
15:34	Generative AI in hand surgery: A scoping review of its role in patient education,
	clinical decision-making, and ethical challenges
	Dr Eyad Abuelgasim
15:38	Masquelet technique for the treatment of finger osteomyelitis: A case report
	Dr Antonio García-Jiménez
15:42	Case report: Distal Radioulnar Joint Synovial Chondromatosis
	Dra Mariona Bart Vila
15:46	Diagnosis and Treatment of Hamate Body Fractures: A Case Series
	Dra Claudia Gallego Palmero
15:50	Microvascular Cortico-Periosteal Graft from the Femoral Condyle (Sakai) for
	Recalcitrant Scaphoid Non-unions: A Case Report.
	Dra Júlia Bargalló
15:54	Economical And Environmental Analysis Of Ultrasound-Guided A1 Pulley Release
	In An Office Based Setting. A Comparative Study
	Dra Júlia Bargalló
15:58	Chronic closed rupture pulleys associated with an avulsion of flexor digitorum
	superficialis (FDS) tendon. Reconstruction of A2 and A4 pulleys with a double-loop
	technique using FDS autograft. A case report.
	Dr Marta Almenara
16:02	Reconstruction of segmental defect of flexor tendons of the wrist and hand using
	extensor digitorum longus Tendon
10:00	Mr Justin Wormald
16:06	The use of artificial intelligence in the diagnosis and management of peripheral
	nerve injuries: a scoping review.
10.10	Miss Hannah Whittaker
16:10	Nodular Fasciitis of the Upper Limb: A Case Report and Review of Diagnostic and
	Therapeutic Approaches

Dra Teresa Colomina Laiz

Our experience with subacute radiocarpal fracture-dislocations: presentation of two clinical cases

Dr Daniel Bustamante Recuenco

16:18 "Monteggia like" elbow injuries: a case series and review of the literature
Dr Daniel Bustamante Recuenco

16:30 - 17:00 Coffee break

17:05 - 17:30 **Posters**

Chairs: Dra Clarisa Simón, Dr Pedro Bolado, Miss Anthea Davy

17:05 Radiotherapy in Dupuytren's disease of the hand: a forgotten modality? A Survey of the British Society for Surgery of the Hand Consultants

Mr Prashanth D'sa

17:09 High radial nerve palsy after Crossfit training

Dra Nerea Martinez Franco

17:13 One in a million: The surgical management of painful palmar keratotic lesions in Olmsted syndrome, a case report.

Miss Mehitab Adel

17:17 Going green in hand trauma surgery – identifying small changes to make a big difference

Mrs Lauren Wallace

17:21 Osteoblastoma of the capitate bone. A case report.

Dra Carolina Garcia-Herrera Cruces

17:25 The creation and implementation of a new clinical guideline for the treatment of 5th metacarpal neck fractures in a regional hand trauma unit.

Mr Harry Bright

17:35 - 17:55 **Posters**

Chairs: Dra Ana Carreño, Dr Jaime de la Torre, Miss Lily Li

- 17:35 **About a Case: Reconstruction of the Fingerprint Using a Homodigital Island Flap**Dra Alba García Toledo
- 17:39 Arthroscopic Assisted Four-Corner Arthrodesis: Three in a row Dr Diego Gameiro
- 17:43 About a case: Change of Plans for a Middle Phalanx

Dra Alba García Toledo

- 17:47 An uncommon carpal injury: Trapezoid-metacarpal dislocation. A case report.

 Mrs Yentl Garcelán Pecharromán
- 17:51 Approach to index finger salvage: A technique for managing complex traumatic bone loss.

Mrs Yentl Garcelán Pecharromán

Menorca 2

08:00 - 09:00	Free cor	mmunications
	Chairs: L	Dr Manuel Llusá, Dr Rosa Villar
	08:00	The SHIELD Multicentre Collaborative: a Study of Hand surgeons' Intraoperative
		radiation Exposure and techniques to Limit Dosing
	00.00	Dr Ferdia Browne
	08:08	Developing a hand trauma unit from start to never quite finished - a 25 year experience
		Mr Stephen Southern
	08:16	How Hand Surgeons can improve the overall Musculoskeletal Health of Menopausal
	00.10	women.
		Ms Amelia Dickinson
	08:24	Incidence and functional impact of radial wrist pain in postpartum women during
		the first year
		Dra Leire Yanes Uzcanga
	08:32	Network meta-analysis of prophylactic antibiotics in hand trauma surgery
	00:40	Dr Suraya Yusuf
	08:40	Trapeziometacarpal Arthroplasty as a Surgical Rescue in Patients with Reduced Bone Stock of the Trapezium After Failed Arthroscopic Hemitrapeziectomy:
		Feasibility Analysis and Functional Outcomes
		Dr Mario Sayalero Alvarez
	08:48	Psychometric evaluation of the Thumb Dissability Exam (TDX) questionnaire to
		assess health-related quality of life in Spanish patients with rizharthrosis.
		Preliminary results of CaViaR study
		Dr Sergio Losa-Palacios
09:05 - 10:00		mmunications
	Chairs: E	Dr Eduardo Vaquero, Dra Carmen Ferreté, Mr Greg Pickering
	09:05	Bites, Bullies & BSSH: Assessing the feasibility of adherence to BSSH Hand trauma
		standards for Bite Management in one of Europe's largest hand centres
		Dra Abigail Logan
	09:13	Outcomes with bone graft arthroscopic surgery for scaphoid pseudoarthrosis
	00.01	Dr Fancisco Javier Molina Martinez
	09:21	The Novel Neurotised Reverse Homodigital Island Flap: A New Gold Standard for
		Sensate Pulp Reconstruction? Miss Alicja Moore
	09:29	Management of Scaphoid Non-Unions with Custom 3D-Printed Titanium Partial and
	00.20	Total Scaphoid Prostheses and Scaphoid Interosseous Ligament Reconstruction
		Dr Giuseppe Rovere
	09:37	Short vs long immobilization period for conservative treatment of distal radius
		fractures in the elderly: A randomized controlled trial
		Dr Albert Pardo Pol
	09:45	Barking up the right tree: A new approach to dog bite classification – validating the
		Birmingham Bite Scale

10:00 - 10:30 Coffee break

Dr Charlotte Terry

13:25 - 14:25	Lunch break	
	LUNCHBO	OX: Innovations in the Management of Hand Fractures - SKELETAL DYNAMICS
	Dr Jorge (Orbay
14:30 -15:25	Research	session: How should I evaluate my clinical results?
	14:30	Introduction to outcomes assessment - Dra Nuria Carnicero
		How are PROMS designed for and when are they useful? - Mr Ben Dean
		The challenges of embedding outcomes into real world practice - Dra Ana Scot
	15:10	Open to the floor
15:30 - 16:25	Research	session: Understanding what statistics can offer to my project
	15:30	Essential Statistical Tools for Analyzing Clinical Data – Mr Sandeep Deshmukh
		$\textbf{Sample Size and Power: Designing Studies for Robust Results} - Dra \ Irene \ Amig \acute{o}$
		Navigating Confounding Factors in Hand Surgery Research: Identification and Management – Dr Roberto Sánchez-Rosales
		Open to the floor
16:30 - 17:00	Coffee br	eak
17:05 - 18:00	Journal o	of Hand Surgery (European Edition) session
	Chairs: Mi	r Wee Lam, Ms Jane McEachan
	17:05	Levels of evidence - Mr Tim Hems
		An evidence-based approach to decision making in hand surgery:
		a) Scaphoid nonunion - Dra Anna Scott
		b) OA of the trapeziometacarpal joint - Mr Soham Gangopadhyay
		c) Carpal tunnel syndrome - Dr Roberto Sánchez-Rosales
	17:49	Discussion

Sala Ibiza 1

08:00 - 09:00	Free communications Chairs: Dr Francesc Marcano, Dra Carmen García Espert, Mr Mathew Gardiner		
	08:00	Trapeziometacarpal total joint arthroplasty: experience and results in our center. Dra Christina Vera Hoster	
	08:08	Mid term results of the CapFlex PIPJ arthroplasty	
	08:16	Mr Jonathan Hobby Comparison of metal-on-metal and metal-on-polymer Motec wrist arthroplasty: An	
	08.10	international cohort study and explant analysis. Mr Natan Silver	
	08:24	Outcomes of Wrist Arthrodesis in Advanced Wrist Arthritis: A Retrospective Multicentre Cohort Study	
	08:32	Mr Maheswaran Warren Archunan Four-Courner arthrodesis with Carpalfix system: precision and innovation in the	
	00.02	treatment of midcarpal osteoarthritis Dra Melani Flores Brito	

	08:40	Long-Term Evaluation of Functional Outcomes of Proximal Interphalangeal Arthroplasty: A Single-Center Review Dr Anton Fornieles Espinel
	08:48	Distal component complications after total wrist arthroplasty: A case-controlled study of failure of osseointegration versus periprosthetic fracture Mr Jithin Lobo
09:05 - 09:55	Infogra Chairs:	phics Dra Silvia López, Dr Javier Cervera, Mr Wee Lam
	09:05	Functionality and satisfaction with the Sauvé-Kapandji technique in times of economic restraint Dra Ester Junyent
	09:09	Intramedullary nail versus dorsal LCP fusion plate in total wrist arthrodesis. Dra Esperanza Marin Garcia-Cabrera
	09:13	Repair of peripheral and foveal lesions of triangular fibrocartilage: A retrospective study from a center. Dr Alejandro Muñoz García
	09:17	Innovation in Hand Surgery – Analysing Fifty Years of Patent Data Mr Chiraag Karia
	09:21	Questions - 5 minutes
	09:26	Study of claims in Carpal Tunnel Syndrome as the most contentious pathology in hand surgery Dra Gemma Gázquez
	09:30	Digastric morphology of index flexor superficialis muscle: anatomic study basis for a myotendinous lengthening technique. Dr Pablo Martinez Collado
	09:34	Association between trapezium size and failure of total trapeziometacarpal prosthesis. A survival analysis Dra Clarisa Simon Perez
	09:38	Metacarpophalangeal Joint Instability in Rhizarthrosis. Is Surgical Correction Necessary? Ms Cristina Wert
	09:42	Initial assessment of suspected scaphoid fractures: Development of a pragmatic MRI pathway utilising a senior therapist-led triage clinic Mr Kunal Kulkarni
10:00 - 10:30	Coffee	break
13:25 - 14:25	Lunch	break
		IBOX: Scaphoid surgical tips & tricks - MEDARTIS os Heras Palau, Dra Mireia Esplugas, Mr Neil Ormsby, Dr José Manuel Méndez López
14:30 - 15:30		session Dr Vicente Carratalá, Dra Belén Garcia-Medrano, Dr Cristobal Martinez
	14:30 14:41 14:52 15:03 15:12 15:22	Tips & tricks to publish in RICMA - Dr Sergi Barrera Usual mistakes that avoid us to publish - Dra Montserrat Ocampos The podium of the most visualized articles - Dra Rosa Morro The podium of the most visualized articles - Dra Eva Guisasola Objective, indexing - Dr Vicente Carratalá Discussion

16:05 - 16:30	-	d tricks: ultrasound scan for hand surgeons - Dr Edward Sellon, Dr Yaron Berkowitz Mr Nick Riley
16:30 - 17:00	Coffee	break
17:05 - 17:30		tions in hand surgery - Dr Jorge Orbay Or Alex Lluch
17:35 - 18:30	Posters Chairs:	or Homid Fahandezh, Dr Javier Aldecoa, Miss Gill Smith
	17:35	Comparing outcomes and complications in limb spasticity patients post wrist fusion using plates according to type of implant and surgical technique: A systematic review. Mr Yousef Abdalazeem
	17:39	One stop clinic, a vision for future hand management Mr Mohamed Elmeligy
	17:43	Symptomatic Soft Tissue Chondroma of the Palm: A Case Report Mr Raouf Ahmed
	17:47	Necrotizing Soft Tissue Infection of The Hand: An Often-Missed Condition with Serious Sequelae Mr Mahmoud Farag
	17:51	Dedifferentiated liposarcoma in the hand, an atypical location: a case report Dr Francisco De Sitjar De Togores
	17:55	Assessing the Learning Curve for Percutaneous Ultrasound-Guided Release in Carpal Tunnel Syndrome Dra Paula Capellá
	17:59	Review of results of the surgical treatment of hammertoe with closed bone fragment Dra Beatriz Rodríguez Corada
	18:03	Peripheral Nerve Tumors in the Upper Extremity at the Central University Hospital of Asturias Dra Maria Sacido Gosende
	18:07	Carpal Tunnel Syndrome in children: report of two clinical cases Dr Luis Romero Rosal
	18:11	Avascular Necrosis of the Triquetrum in the Absence of Trauma – A Case Report Dra María Martínez Ferradal
	18:15	Approach selection for Axillary Nerve Neurotization Dra Marta Perez Montoya
	18:19	Case Report: Complex reconstruction of a catastrophic hand injury with extensive metacarpal and coverage defect affecting the second and third rays. Dra Maria del Mar Pizá

Sala Ibiza 2

1	3.25 -	14:25	Lunch break	
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LUNCHBOX: 15 years of CapFlex PIP replacement: joining an established joint solution - KLS MARTIN

Mr Daniel Herren, Mr Jonathan Hobby, Dr Alex Lluch, Mr Chris Williams, Ms Lauren Uppal

14:45 - 15:45 Infographics

Chairs: Dra Rosa Morro, Dr Fernando Dávila, Ms Andreea Lupu

14:45	Importance of early rehabilitation in the treatment of traumatic flexor tendon injuries of the hand
	Dra Irene Amigo-Fernandez
14:49	Systematic review and meta-analysis: mobilisation of hand fractures following open reduction and internal fixation (ORIF)
	Mr Jun Jonathan Yang
14:53	From Fracture to Prevention: Evaluating FRAX Scores and DEXA Scan Referrals in
	Hand Trauma Patients
4 4 5 7	Mr Chiraag Karia
14:57	Volar rim locking plates - is there more than meets the eye? Early results of a local
	retrospective study.
15.01	Miss Katie Hoban
15:01	Outcomes Of Motec Total Wrist Replacement: A Prospective Study Mr Siddhartha Murhekar
15:05	
15:09	Questions - 5 minutes Differences in recovery time between trapeziectomy and carpometacarpal joint
15.09	replacement: a systematic review and meta-analysis
	Miss Lauren Chong
15:14	Implementation of the Relative Motion Flexion Splint (RMFS) into clinical practice –
10.14	Is it safe and clinically effective?
	Ms Emma Bamford
15:18	Retrospective analysis of hand and digit replantation cases: a four-year experience
	at our center
	Dra Sandra Maliorquín Rama
15:22	Proximal interphalangeal Joint injury Evaluation, Classification and Treatment
	(ProJ-ECT): A national multicentre service evaluation of PIPJ fracture management
	Mr Jamie Mawhinney
15:26	At 25 to Success: A New Post-Surgical Radiographic Perspective
15:30	Dra M ^a Begoña Zorio Hernandez Our experience in the management of upper limb wounds during natural disasters
10.00	Dra Anna Guilot

15:50 - 16:30 **Infographics**

Chairs: Dr Luis Aguilella, Dra Ester Pastor, Mr Rob Poulter

15:50	From Coracoid to Lunate: A New String to the 'Carpal Row' in the Management of Keinbock's Disease
15:54	Ms Leela Sayed The Modified Scapholunate Axis Method (SLAM) procedure for reconstruction of
13.54	the scapholunate-ligament-complex using the ArthrexTM-internal-brace-system. A
	description of the technique and retrospective review of clinical outcomes in active
	young patients.
	Miss Yasmeen Khan
15:58	The role of m1/m2 ratio in functional outcomes and complications following
	trapeziometacarpal arthroplasty: a retrospective study of 187 caseS
	Dra Mireia Arlandez
16:02	Salvage options for failed 1st CMC joint procedures: How far can we go?
	Dr Fernando De Juan Santos
16:06	Scaphotometacarpal arthroplasty as a treatment for complications of
	trapeziometacarpal prostheses and trapeziectomies.
	Dr Juan Carlos Sánchez Hernández
16:10	Questions - 5 minutes

16:30 - 17:00 Coffee break

17:05 - 18:00 Touch User meeting

Sponsored by: KERI Medical

Surgical tips and tricks - Mr Sumedh Talwalker

Experience after 50 cases - Mr Aamer Ullah

How to start your CMCJ practice - Mr Nick Riley

Control radiológico previo y durante la cirugía - Dr Juan Carlos Sánchez

Tratamiento de la artritis STT y evolución tras cirugía con la prótesis CmC - Dr Pablo Vadillo

Revisiones en función del motivo por el que ha fracasado la prótesis - Dr Juan Carlos Sánchez

Auditorium Islas Baleares

08:30 - 10:00	-	nould I learn about TTR amyloidosis?
		Mr Carlos Heras-Palou, Ms Thirusha Lane
	(3μυτιδί	ored by Alnylam Pharmaceuticals)
	08:30	Early diagnosis of transthyretin amyloid cardiomyopathy using carpal tunnel biopsy tissue examination: EDUCATE - a long-term UK prospective multicentre study
		Dr Yousouf Ravzi
	08:38	Formation of a local amyloidosis network due to an unexpected prevalence of cardioorthopedic patients in a hand surgical setup. Obstacles that need to be overcome - a German perspective.
	08:46	Dra Ana Lizandra Miguel Multidisciplinary approach for the early detection of amyloid in patients who undergo carpal tunnel syndrome or lumbar stenosis surgery. Dra Nuria Otra Tomas
	08:54	Relevance of Tenosynovial Tissue and Transverse Ligament Biopsies in Carpal Tunnel Surgery for ATTR Diagnosis Mr Nicholas Bigorre
	09:02	ATTR amyloidosis and CTS: Which Flowchart to use: the AZ Delta Experience Dr Arne Decramer
	09:10	Diagnosis of amyloidosis at primary carpal tunnel decompression; A 10-year case series Mr Owen Lawrence
	09:18	Evaluation of the outcome of patients with carpal tunnel tenosynovial sampling positive for transthyretin amyloidosis and cardiological assessment Mr Nicholas Bigorre
	09:26	A practice survey assessing specialist knowledge and patient care pathways for the diagnosis of cardiac amyloidosis in France: focus on hand surgeons. Mr Nicholas Bigorre
	09:34 09:45 09:50	Diagnosis of TTR amyloidosis - Ms Thirusha Lane Patient View - Mr David Gregory Overview - Mr Carlos Heras-Palou
40.00 40.00	o "	
10:00 - 10:30		break Corner (Exhibition area): Dr Francisco del Piñal, Dr Fernando Corella, Ms Emma Bamford our own case to share)
	, ,	
10:30 - 11:30	-	cations of flexor tendon surgery Dr Eduardo Vaquero, Mr Dean Boyce, Ms Emma Bamford , Mr Thomas Giesen
	10:30	Introduction - Dr Eduardo Vaquero
	10:32	Avoiding complications in flexor tendon surgery - Mr Dean Boyce
	10:43	Management of the stiff finger following flexor tendon surgery - Mr Thomas Giesen
	10:54	Management of ruptures following flexor tendon repair - Dr Eduardo Vaquero
	11:05	Therapy after secondary tendon surgery - Ms Emma Bamford
	11:16	Clinical cases from panel for discussion

11:35 - 12:30	Chairs: Dra Mireia Esplugas, Dr Vicente Carratalá
	11:25 What is FWA2 Dro Mirais Fashugas
	 11:35 What is EWA? - Dra Mireia Esplugas 11:39 TFCC arthroscopic diagnostic and classification - Dra Belén García-Medrano
	 11:39 TFCC arthroscopic diagnostic and classification - Dra Belén García-Medrano 11:46 Proximal TFCC reattachment - Mr Mike Hayton
	11:53 LTq joint dysfunction: arthroscopic diagnostic and treatment - Dr Cristóbal Martín
	12:00 Ulno-carpal impaction syndrom: arthroscopic diagnostic and treatment - Dr Pau
	López Osornio
	12:07 ECU pathology: arthroscopic diagnostic and treatment - Dra Montserrat Ocampos 12:14 Pisotriquetral dysfunction: arthroscopic diagnostic and treatment - Dr Francisco
	Lucas 12:21 Q&A - Dr Vicente Carratalá, Dra Mireia Esplugas
12:35 - 13:00	EWA session: scaphoid
	Chairs: Dra Mireia Esplugas, Mr Matthew Brown
	12:31 How Wrist Arthroscopy Has Transformed My Approach to Treating Scaphoid Nonunions - Mr Cy Ng
	12:39 Midshaft scaphoid non-union: arthroscopic treatment - Mr Philip Mathew
	12:47 Arthroscopic revision surgery for scaphoid nonunion - Dr Fernando Corella
	12:55 Scaphoid proximal pole nonunion: arthroscopic treatment - Dr Pedro Delgado
	13:03 Carpal fracture-luxation: arthroscopic treatment - Dr Rafael Laredo
	13:11 SNAC: arthroscopic treatment - Dra Eva-Maria Baur
	13:19 Q&A - Mr Matthew Brown, Dra Mireia Esplugas
13:35 - 14:25	Lunch break
14:30 - 15:30	Wrist: conditions to be aware of
	Chairs: Dr Alex Lluch, Mr Carlos Heras-Palou
	14:30 HALT lesion - Dr Max Haerle
	14:38 SUN syndrome - Prof Vivien Lees
	14:46 Symptomatic increased ulnar tilt of the radius - Mr Carlos Heras-Palou
	14:54 Ulna styloid carpal impingement - Dr Frederik Verstreken
	15:02 Less common presentations of chondrocalcinosis in the wrist - Dra Eva-Maria Ba
	15:10 STT arthritis with proximal row in extension - Dr Alex Lluch
	15:26 Conclusions
15:35 - 15:55	2025 BSSH & DECIM + 2024 FESSH Diploma Graduates ceremony Chairs: Dr Homid Fahandezh, Mr Mark Brewster
16:00 - 16:30	Coffee break
	Expert Corner (Exhibition area): Dr Frederik Verstreken, Miss Anna Barnard (bring your own case share)
16:35 - 18:00	Masters also learn from disasters
	Chairs: Dr Fernando Corella, Prof Grey Giddins
	16:30 in congenital hand – Dra Eva-Maria Baur 16:41 in nerve injuries – Dr Joaquim Casañas
	y · · · · · · · · · · · · · · ·

- 16:52 ... in wrist arthroscopy Dr Pedro J. Delgado
 17:03 ... in rheumatoid hand Prof Grey Giddins
 17:14 ... in trapeziometacarpal prosthesis Dr Frederik Verstreken
 17:25 ... in distal radius fractures Dr Jorge Orbay
 17:36 ... in carpal instabilities Mr Carlos Heras-Palou
 17:47 Discussion and Q&A
- 18:05 18:25 Congress closing ceremony Dr Guillem Salvà, Mr Carlos Heras-Palou, Dr Pedro J. Delgado

Best 2025 Free communication, Poster and Infographic awards

Auditorium Mallorca

09:00 - 10:00 Tendon and nerve transfers in the Neurologic Hand

Chairs: Dr Josep Mendez, Ms Anna Barnard

09:00	3 clinical cases discussion with audience on options
09:07	Therapeutic options for spastic hands - Miss Catherine Hernon
09:15	Therapeutic options for tetraplegic hands - Ms Anna Barnard
09.23	Sequelae of peripheral nerve injuries - Dr Josep Mendez
09.31	How to improve nerve transfers - Dr Joaquim Casañas
09:39	3 clinical cases discussion - have the audience altered their treatment options?
	Q&A with the audience

10:00 - 10:30 Coffee break

10:35 - 11:25 Free communications

11:15

Dr Lylas Aljohmani

Chairs: Dr Joaquim Casañas, Dra Adelaida Vivas, Ms Carol Chan

10:35	Impact of Treatment on the Radiological Volume of Monostotic Enchondromas in the Tubular Bones of the Hands Dra Marta Jiménez Ferrer
10:43	Excision of paediatric limb soft tissue sarcomas and early reconstruction with free tissue transfer – experience from a UK tertiary children's hospital Dr Shantanu Bajaj
10:51	Surgical management of tumours related to the brachial plexus Dr Fernando De Juan Santos
10:59	Beyond the Incidental Finding: An Analysis of the Presentation, Treatment, and Clinical and Functional Outcomes of Enchondromas in the Tubular Bones of the Hands Dr Sergio López López
11:07	Local recurrence after surgical management of squamous cell carcinoma of the hand: A systematic review Mr Angus McMillan

Botulinum Toxin is a Vasoconstrictor of Isolated Mouse Arteries

11:30 - 12:15	Understanding chronic pain Chair: Mr Carlos Heras-Palou		
	11:30 11:42 11:54	Irritative carpal tunnel syndrome - Dr Francisco del Piñal Surgery for neurogenic pain - Dr Joaquim Casañas Why the wrist hurts - Mr Jonathan Compson	
12:20 - 13:30		nd wrist physical examination in children Dra Laura Pérez-López, Miss Christina Lipede	
	12:20	Introduction, topics for discussion and setting the scene - Miss Christina Lipede, Dra Laura Pérez-Lopez	
	12:22 12:45 13:00 13:15 13:26	Examining Children - Miss Christina Lipede Specifics of examining the hand - Dr Sergio Martínez-Àlvarez Examining the wrist and elbow - Dra Laura Perez-López Examining for Birth Brachial Plexus Injury - Dra María Martínez, Dr Carlos Reina Panel discussion	
13:35 - 14:25	Lunch		
10.00 14.20	Lanon	or curv	
14:30 - 16:00		session: Too much or too little Miss Gill Smith	
	14:30	Too much pressure? compartment syndrome in paediatrics - when to intervene - Dr Daniel Weber	
	14:37	Radius too short - what are the options? - Miss Gill Smith	
	14:44 14:51	Ulna - what is too short and when to intervene? - Dr Sergio Martínez-Àlvarez When periosteal flaps will help in paediatric bone reconstruction - Dr Francisco Soldado (WITHDRAWN)	
	15:08	Panel discussion	
	15:15	Apert's hands - tips on how to get best results - Mr Paul McArthur	
	15:22 15:29	What to do with Apert feet - Dra Eva-Maria Baur Poland's syndrome - classification and where surgery is beneficial - Dra Laura Pérez - López	
	15:36 15:43	Toe transfers - when to do them and when not too - Mr Rob Bains Panel discussion	
16:00 - 16:30	Coffee	break	
16:35 - 17:30		ommunications Dra Montserrat Ocampos, Dr Jorge Villa, Mr David Clark	
	16:35	Functional and work-related results after thumb replantation: our experience in 28 patients.	
	16:43	Dra Isabel Pillar Fuentes Torres Comparative finite element analysis of three experimental augmentation techniques for subacute scapholunate instability	
	40:54	Dr Pablo Duque Santana	
	16:51	Quantifying donor site morbidity after free tissue transfer from the foot for hand	

reconstructionDra Giulia del Vecchio

Volar Plate Eco-Guided Scarification for Instability of the Interphalangeal Joint in the Sagittal Plane: A Follow-Up of Cases

 Dr Julio Adrian Martinez Garza

 Carpometacarpal fracture dislocations: injury patterns and impact of delay to surgery

 Mr Gareth Rogers

 Current perspectives on retrograde osteosynthesis of metacarpal fractures with intramedullary cannulated screws: case review and key considerations

 Dra Paula Anaya Perez

Menorca 1		
09:00 - 09:55		ommunications Dr Miguel Pérez-Abad, Dra Jacinta Baena, Mr Rob Macfarlane
	09:00	A comparison of complication rates in flexor tendon repair performed in operating rooms versus clinic-based procedure rooms
	09:08	Dr Alex Speak Prevention of hand injuries in the United Kingdom: A national closed loop audit Mr Maxim Horwitz
	09:16	Ultrasound Guided Incision-Less Minor Hand Surgery - A Pilot Project In The UK NHS Mr Suddhajit Sen
	09:24	The beneficial impact of pre-operative hand therapy appointments for Plastic Surgery hand trauma patients Miss Dhanuja Senn, Ms Lucy Wimmer
	09:32	To gown or not to gown for Carpal Tunnel Surgery? Ms Emma Reay
	09:40	One stop clinics for carpal tunnel and trigger finger - implementation and evaluation Mr Ibrahim Roushdi
10:00 - 10:30	Coffee	break
10:35 - 11:30	_	organised Ar David Clark
	10:35 10:48 11:01 11:14 11:27	Time management - Mr David Warwick Organize your practice - Dr Pedro J. Delgado Organize your research - Ms Jane McEachan Organize to get published - Mr Wee Lam Q&A
11:35 - 12:30		n FESSH help my whole career? Mr Zaf Naqui, Dra María Larrea
	11:35 11:44	How FESSH was created and why it can benefit you - Mr Zaf Naqui My FESSH fellowship & The Academy - Dra María Larrea

How the exam helped my career - Dr Homid Fahandezh

The Journal and FESSH an essential partnership - Mr Wee Lam

11:53

12:02

	12:11 12:20	Life as a FESSH Examiner - Ms Catherine Bossut Leading in FESSH - Dr Alex Lluch
12:35 - 13:30	_	European Hand Surgeons: how to manage my social media communications? Dra Belén García-Medrano, Miss Laura Hamilton
	12:35	Navigating Digital Communication: Ethical Strategies for Young Hand Surgeons - Dr Sergi Alabau
	12:46	Protecting Patients in the Digital Age: Best Practices for Medical Information Sharing - Dr Camillo Fulchignoni
	12:57	Smart Communication: Ethical Guidelines Sharing Medical Data in Apps and Chats - Mr Fawz Kazzazi
	13:08	Ethical Innovations: Safeguarding Patient Privacy in Digital Communication for Young Hand Surgeons - Mr Harry Benjamin Laing
	13:19	Discussion
13:35 - 14:25	Lunch	break
14:30 - 15:30		as 3D printing improved my practice? Dr Alex Berenguer, Mr Maxim Horwitz
	14:30 14:45 15:00 15:15	How has 3D Printing improved my clinical practice - Dr Frederik Verstreken Using 3D for clinical, simulation and teaching: my evolution - Mr Maxim Horwitz Other uses learnt after 100+ cases - Dr Alex Berenguer Q&A
16:00 - 16:30	Coffee	break
16:35 - 17:30		ommunications Dr Sergi Barrera, Dr Jaime Sánchez Ruas, Ms Katherine Browne
	16:35	Assessing Osteoarthritis Risk After Retrograde Intramedullary Headless Compression Screw Fixation for Metacarpal Fracture: A Minimum Six-Year Follow- up Study Dr Sergi Barrera-Ochoa
	16:43	16.43pm Radiological and functional evaluation of transcapho-perilunate fracture-dislocation operated percutaneously with arthroscopic support Dr Jose Cifras
	16:51	Fixation options in short segment diaphyseal fractures of the radius and ulna Dr. John Heifner
	16:59	Our experience with distal radius fractures treated with volar plate fixation: A 2013-2023 retrospective study Ms Maria Garalda
	17:07	Cost Savings from Implementing the Derby Wrist Fracture Algorithm at MidYorkshire Teaching Hospitals Dr EJ Demoulin
	17:15	Optimising surgical management of distal radius malunion: A comparative analysis of surgical approaches Ms Anatolia Nix

Menorca 2

09:00 - 09:55	Free cor	mmunications
		Dr Manuel Llusá, Dr Javier Cervera, Mr David Clark
	09:00	Routine X-ray following internal fixation of distal radius. Is it still required?
		Retrospective review of cohort of patient and cost analysis
		Mr Mohamed Elmeligy
	09:08	Finite Element Analysis Of Different Screw Designs And Lengths In Scaphoid Waist
		Fracture Fixation Mr Amin Khieran
	09:16	Wrist arthroscopy in distal radius fractures: results of a randomized clinical trial.
	09.10	Dra María-José Pérez-Líbeda
	09:24	The diagnostic characteristics and reliability of radiological methods used in the
		assessment of scaphoid fracture union: a systematic review
		Ms Gemma Smith
	09:32	Axial malrotation of distal radius fracture malunion
		Prof Grey Giddins
	09:40	The impact of participation in FIRST on clinical practice and research capability (i-
		FIRST) Mr Ian Shelton
		Wi fait Stiellott
10:00 - 10:30	Coffee b	preak
10:35 - 11:30	Free cor	mmunications
		Dr Xavier Terrades, Dra Barbara Pérez
	10:35	10-Year review of revision rates after endoscopic Carpal and Cubital tunnel
		decompression: Insights from a single-centre cohort study
		Dr Ahmed Turkman
	10:43	Time to recovery following open and endoscopic carpal tunnel decompression: a
		systematic review and meta-analysis.
	10:51	Ms Olivia Hartrick Pener to recipient mean evenal count ratios of upper limb perves used in perve
	10.51	Donor-to-recipient mean axonal count ratios of upper limb nerves used in nerve transfer surgery: a systematic review of histomorphometric cadaveric studies
		Dr Samuel Ng
	10:59	Outcomes of supinator to posterior interosseous nerve (SPIN) transfers for
		restoration of digital extension in tetraplegia
		Mr Luke Nugent
	11:07	Connect - Conduit Nerve Approximation versus Neurorrhaphy Evaluation of
		Clinical Outcome Trial
	11.15	Mr Dominic Power
	11:15	Wrist and Ankle Botulinum Toxin Injections in the Treatment of Raynaud's Disease Dr Jessica Lynch
	11:23	Hand surgery post-operative pain: a prospective study of the first seven days
	11.20	Mr Dallan Dargan

11:35 - 12:30 Free communications

Chairs: Dra Nadia Mora, Dr Ignacio Esteban, Mr Sanil Ajwani

11:35	An algorithmic approach to the functional spasticity patient
	Mr Paul Malone
11:43	Outcomes of nerve transfer and grafting for shoulder reconstruction after traumatic injury to the supraclavicular brachial plexus
	Mr Tim Hems
11:51	Motor nerve transfer to restore function for cervical spine radiculopathy
	Miss Natalie Hope
11:59	Pedicled adipofascial flaps for treatment and prophylaxis of neurodesis and
	neuromas in continuity of the upper extremity: A case series of 22 patients.
	Dr Franciso Javier Garcia Bernal
12:07	Patterns of Traumatic Brachial Plexus Injuries: A Nationwide Study of Geographic,
	Demographic, and Socioeconomic Factors in England and Wales
	Mr Chirag Karia
12:15	Wrist Arthrodesis in upper limb spasticity: Is proximal row carpectomy (PRC) an
	essential part of the procedure?
	Mr Pieter Venter
12:23	Peripheral Nerve Transfers for Upper Limb Reanimation in Older Adults: A Pilot
	Study
	Mr Vinay Itte

12:35 -13:30 Free communications

Chairs: Dr Higinio Ayala, Dra Irene Gómez, Ms Riem Johnson

Presentation, management, and outcomes of paediatric supracondylar fractures with neurovascular injury: A seven-year case series
 Mr Kunal Kulkarni

 Index finger pollicization in congenital thumb hypoplasia: a 20-year evolution of experience
 Dr Pedro Bolado Gutierrez

 National study of parental decision making around surgery in congenital hand and upper limb differences in the United Kingdom
 Mr Andrew Cleelland
 Primary and revision complex syndactyly release in Apert syndrome using the "stingray" local flap

Ms Rini Vyas

13:07 Are multiple painful operations a reason not to be born? - an ethical dilemma.

Miss Ruth Lester

13:15 Outcome measures used to assess the web-spaces of the hand – a systematic

literature reviewDr Febisayo Sidiku

13:35 - 14:25 **Lunch break**

14:30 - 15:15 Free communications

Chairs: Dr Pau López-Osornio, Dra María Larrea, Miss Anthea Davy

14:30 ORTHO-ALERT: Bitesize bulletins of local learning driving positive safety culture Miss Robyn Brown

14:38 **Hand Surgery Training in Europe**

Mr Jonathan Hobby

14:46	The Impact of Patient Education Videos In Reducing Anxiety
	Dr Engy Alwakeel
14:54	Loupe magnification for surgery. A better view, but at what cost?
	Dr Isobel Press
15:02	Holographic computing as a new navigation paradigm in radius osteotomy surgery.
	Validation study.
	Dr David Mayorga Naranjo